



Your Values List
(this should get you started)

Check Important Values	Prioritize (1-10)	
_____	_____	Peace of Mind
_____	_____	Security
_____	_____	Wealth
_____	_____	Health
_____	_____	Close relationship with spouse/partner
_____	_____	Meaningful relationship with children
_____	_____	Family (spending time with parents, other relatives)
_____	_____	Meeting the 'right' person
_____	_____	Meaningful job or career
_____	_____	Fame
_____	_____	Power
_____	_____	Free Time
_____	_____	Happiness
_____	_____	Close relationship with God
_____	_____	Friendships
_____	_____	Retirement
_____	_____	Contributing time, knowledge or money to others
_____	_____	Knowing important or famous people
_____	_____	Being in business for yourself
_____	_____	Having few problems to deal with
_____	_____	Living to an old age
_____	_____	Personal possessions—cars, houses, jewelry, etc.
_____	_____	Travel to exciting places
_____	_____	Sense of accomplishment
_____	_____	Respect from others
_____	_____	Other _____

Have your spouse or partner fill out a duplicate Value List.